

The York Centre
for
Children, Youth & Families

ANNUAL REPORT

2010

The York Centre's Vision:

We will be a leader in providing timely and individualized mental health services to best meet the needs of children, youth and families in York Region

The York Centre's Mission:

To meet the mental health needs of children, youth and families of York Region, The York Centre will provide a range of preventative, therapeutic and educational interventions developed in partnership with families and community resources.

**ANNUAL MEETING
OF THE
MEMBERS OF THE CORPORATION
OF
THE YORK CENTRE FOR CHILDREN, YOUTH & FAMILIES**

JUNE 14, 2010

AGENDA

1. Call to Order
2. Verification of Notice and Quorum
3. Approval of the Minutes of the Annual Meeting of Members held June 9, 2009
4. Auditor's Report
5. Appointment of Auditor
6. Presentation of CMHO Accreditation Award
7. Executive Director's Report
8. Youth Program Video – Presentation by Francesca
9. Volunteer Awards: Mercedes Bogani Volunteer of the Year Award
Capital Campaign Chairman
10. Staff Report
11. Service Recognition
12. Alice Frey Award
13. Report of the Nominating & Governance Committee
14. Election of Directors
15. Chair's Report
16. Adjournment

REFRESHMENTS

**THE YORK CENTRE FOR CHILDREN, YOUTH
& FAMILIES**

Financial Statements

For the Year Ended March 31, 2010

<u>Contents</u>	<u>Pages</u>
Auditor's Report	1
Statement of Operations and Changes in Fund Balances (Funded)	2
Statement of Financial Position (Funded)	3
Statement of Operations and Changes in Fund Balances (Other Funded – Internally Restricted)	4
Statement of Operations and Changes in Fund Balances (Other Funded – Unrestricted)	5
Statement of Financial Position (Other Funded)	6
Notes to Financial Statements	7 & 8

BRIAN H. COWEN

CHARTERED ACCOUNTANT

120 NEWKIRK RD., UNIT 1, RICHMOND HILL, ONT. L4C 9S7

TEL: (905) 884-8651 / FAX: (905) 884-8659

Auditor's Report

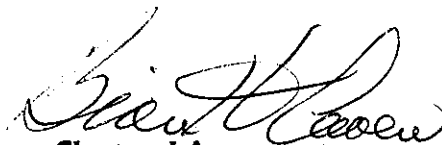
**To: The Directors of
THE YORK CENTRE FOR CHILDREN, YOUTH & FAMILIES**

I have audited the Funded and Other Funded Statement of Financial Position of THE YORK CENTRE FOR CHILDREN, YOUTH & FAMILIES as at March 31, 2010 and the Funded and Other Funded Statements of Operations and Changes in Financial Position for the year then ended. These financial statements are the responsibility of the agency's management. My responsibility is to express an opinion on these financial statements based on my audit.

I conducted my audit in accordance with generally accepted auditing standards. Those standards require that I plan and perform an audit to obtain reasonable assurance whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation.

In my opinion, these financial statements present fairly, in all material respects, the financial position of the agency as at March 31, 2010 and the results of its operations for the year then ended in accordance with generally accepted accounting principles.

**Richmond Hill, Ontario
June 3, 2010**



Chartered Accountant

Licensed Public Accountant

THE YORK CENTRE FOR CHILDREN, YOUTH & FAMILIES
(Funded)
Statement of Operations and Changes in Fund Balances
For the year ended March 31, 2010

	General Fund				Capital Asset Fund					
	0-6 Programme & COMPASS	Central Administration	CMH Additional Funding	Core Programmes	Intensive Services	Water	Total-2010	Total-2009	2010	2009
Revenues										
MCSS Funding	\$ 190,981	\$ -	\$ 273,879	\$ 1,500,091	\$ 148,424	\$ 6,291	\$ 2,119,666	\$ 2,021,196	\$ -	\$ 105,000
Other Grants	-	-	-	-	-	-	-	4,136	-	-
Parental Contributions	-	-	-	-	-	-	-	3,495	-	-
Targeted Other Funded Funds	-	-	-	-	-	-	-	3,905	-	-
Uniled Way	-	-	-	-	-	-	-	127,186	-	-
Interest Earned	-	-	-	-	-	-	-	-	-	-
Recoveries	56,716	-	-	328	-	-	57,044	74,220	-	-
	<u>\$ 247,697</u>	<u>\$ -</u>	<u>\$ 273,879</u>	<u>\$ 1,500,419</u>	<u>\$ 148,424</u>	<u>\$ 6,291</u>	<u>\$ 2,176,710</u>	<u>\$ 2,234,138</u>	<u>\$ -</u>	<u>\$ 105,000</u>
Expenses										
Salaries/Wages	\$ 204,043	\$ 108,889	\$ 197,493	\$ 859,040	\$ 100,282	\$ -	\$ 1,469,747	\$ 1,577,375	\$ -	\$ -
Payroll Expenses	-	778	-	-	-	-	778	(297)	-	-
Employee Benefits	35,471	20,126	36,530	150,333	18,973	-	261,433	257,143	-	-
Staff Travel	9,775	26	2,957	7,832	10,162	-	30,752	48,149	-	-
Professional Development	725	925	368	4,718	-	-	6,736	8,161	-	-
Memberships	-	7,616	-	-	-	-	7,616	7,363	-	-
Building Occupancy	1,576	20,650	-	206,808	-	6,291	235,325	184,809	-	105,000
Clinical Purchased Services	539	-	-	45,139	-	-	45,678	53,950	-	-
Other Purchased Services	-	42,396	-	-	-	-	42,396	41,413	-	-
Programme Expenses	869	-	-	14,828	344	-	16,041	24,900	-	-
Promotion & Publicity	-	2,982	-	-	-	-	2,982	967	-	-
Office Administration	3,800	2,986	4,022	29,739	1,271	-	41,818	36,545	-	-
Donation	-	-	-	200	-	-	200	-	-	-
GST Recovery	(46)	(1,066)	-	(3,617)	-	-	(4,768)	(6,328)	-	-
	<u>\$ 256,752</u>	<u>\$ 206,308</u>	<u>\$ 241,370</u>	<u>\$ 1,315,020</u>	<u>\$ 130,993</u>	<u>\$ 6,291</u>	<u>\$ 2,156,734</u>	<u>\$ 2,234,150</u>	<u>\$ -</u>	<u>\$ 105,000</u>
Community Outreach Under(Over)	-	-	32,509	156,368	17,431	-	19,940	-	-	-
Allocated Central Administration	-	(206,308)	273,879	1,491,328	148,424	-	2,176,674	2,234,150	-	105,000
	<u>\$ 256,752</u>	<u>\$ -</u>	<u>\$ 273,879</u>	<u>\$ 1,491,328</u>	<u>\$ 148,424</u>	<u>\$ 6,291</u>	<u>\$ 2,176,674</u>	<u>\$ 2,234,150</u>	<u>\$ -</u>	<u>\$ 105,000</u>
Under(Over) Expenditure of Funds	\$ (9,055)	\$ -	\$ -	\$ 9,091	\$ -	\$ -	\$ 36	\$ (12)	\$ -	\$ -
Fund Balances, Beginning of Year	-	-	-	(19,329)	-	-	(19,329)	(19,317)	314,970	314,970
Fund Balances, end of year	\$ (9,055)	\$ -	\$ -	(10,238)	\$ -	\$ -	\$ (19,293)	\$ (19,329)	\$ 314,970	\$ 314,970

THE YORK CENTRE FOR CHILDREN, YOUTH & FAMILIES

(Funded)

Statement of Financial Position

As at March 31, 2010

	General Fund	Capital Asset Fund	2010	2009
<u>Current Assets</u>				
Cash on Hand & in Bank	\$ (13,789)	\$ -	\$ (13,789)	\$ 78,457
Accounts Receivable	23,969	-	23,969	30,448
Due from Other Funded Centre	32,906	-	32,906	7,858
Prepaid Expenses	<u>4,876</u>	<u>-</u>	<u>4,876</u>	<u>5,197</u>
	<u>47,962</u>	<u>-</u>	<u>47,962</u>	<u>121,960</u>
Capital Assets - net	\$ -	\$ 314,970	\$ 314,970	\$ 314,970
	<u>\$ 47,962</u>	<u>\$ 314,970</u>	<u>\$ 362,932</u>	<u>\$ 436,930</u>
<u>Current Liabilities</u>				
Accounts Payable & Accrued Liabilities	\$ 6,744	-	\$ 6,744	\$ 30,071
Payroll Liabilities	38,367	-	38,367	36,896
Due to Other Funded Centre	<u>22,144</u>	<u>-</u>	<u>22,144</u>	<u>74,322</u>
	<u>67,255</u>	<u>-</u>	<u>67,255</u>	<u>141,289</u>
<u>Fund Balances</u>				
Invested in Capital Assets	\$ -	\$ 314,970	\$ 314,970	\$ 314,970
Unrestricted	<u>(19,293)</u>	<u>-</u>	<u>(19,293)</u>	<u>(19,329)</u>
	<u>(19,293)</u>	<u>314,970</u>	<u>295,677</u>	<u>295,641</u>
	<u>\$ 47,962</u>	<u>\$ 314,970</u>	<u>\$ 362,932</u>	<u>\$ 436,930</u>

Approved on Behalf of the Board of Directors

THE YORK CENTRE FOR CHILDREN, YOUTH & FAMILIES
 Other Funded-Internally Restricted
 Statement of Operations and Changes in Fund Balances
 For the year ended March 31, 2010

		Capital Asset Fund											
	Building Project	Capital Campaign	Hoedown	2010	2009								
Revenues													
Donations & Fundraising	\$ 105,000	\$ 3,360	\$ -	\$ 108,360	\$ 1,330,976								
Capital Grants	104,402	-	-	104,402	-								
Interest earned	-	-	-	-	59,735								
Funds Expended	\$ 209,402	\$ 3,360	\$ -	\$ 212,762	\$ 1,390,712								
	-	256	-	256	2,902,620								
Invested in Capital Assets	\$ 209,402	\$ 3,104	\$ -	\$ 212,506	\$ (1,511,908)								
	140,318	2,000	868	143,186	-								
Fund Balances, Beginning of Year	111,632	823	75,868	188,323	1,700,231								
Fund Balances, End of Year	\$ 180,716	\$ 1,927	\$ 75,000	\$ 257,643	\$ 188,323								
General Fund													
	Centre for Excellence	Family & Staff Events	Unilever	Memorium	Trillium Grant	Bingo	United Way Community Outreach	Winter/Summer Camp	Royal Bank Breakfast Club	HRDC	Case Coordination	2010	2009
Revenues													
Donations & Fundraising	\$ -	\$ 3,309	\$ 7,500	\$ 1,300	\$ 74,300	\$ -	\$ 158,753	\$ 4,280	\$ 10,000	\$ 2,940	\$ 11,187	\$ 276,398	\$ 29,135
Interest earned	-	-	-	-	-	2	-	-	-	-	-	-	4
Funds Expended	\$ -	\$ 3,309	\$ 7,500	\$ 1,300	\$ 74,300	\$ 2	\$ 158,753	\$ 4,280	\$ 10,000	\$ 2,940	\$ 11,187	\$ 276,400	\$ 29,139
	30	5,709	1,557	417	57,113	7,053	158,753	1,815	1,887	2,940	11,187	249,711	20,671
Fund Balances, Beginning of Year	\$ (30)	\$ (2,400)	\$ 5,943	\$ 883	\$ 17,187	\$ (7,051)	\$ -	\$ 2,465	\$ 8,313	\$ -	\$ -	\$ 26,689	\$ 8,468
	1,066	7,981	4,042	5,845	-	9,452	-	-	-	-	-	28,386	19,918
Fund Balances, End of Year	\$ 1,036	\$ 5,581	\$ 9,985	\$ 6,728	\$ 17,187	\$ 2,401	\$ -	\$ 2,465	\$ 8,313	\$ 1,379	\$ -	\$ 55,075	\$ 28,386

THE YORK CENTRE FOR CHILDREN, YOUTH & FAMILIES

Other Funded-Unrestricted

Statement of Operations and Changes in Fund Balances

For the year ended March 31, 2010

	<u>Christmas Concert</u>	<u>Swing For Kids</u>	<u>Mayor's Golf</u>	<u>Rotary Auction</u>	<u>United Way</u>	<u>General</u>	<u>2010</u>	<u>2009</u>
<u>Revenues</u>								
Donations & Fundraising	\$ 29,082	\$ -	\$ -	\$ 5,422	\$ 4,939	\$ 24,342	\$ 63,785	\$ 84,982
Funds Expended	<u>10,933</u>	<u>-</u>	<u>-</u>	<u>663</u>	<u>-</u>	<u>15,070</u>	<u>26,666</u>	<u>71,699</u>
Invested in Capital Assets	\$ -	\$ 86,551	\$ 22,420	\$ 49,056	\$ 4,405	\$ -	\$ 162,432	\$ -
Fund Balances, Beginning of Year	\$ 18,149	\$ (86,551)	\$ (22,420)	\$ (44,297)	\$ 534	\$ 9,272	\$ (125,313)	\$ 13,283
Fund Balances, End of Year	\$ 346,891	\$ 22,249	\$ -	\$ 4,759	\$ 4,939	\$ (12,106)	\$ 366,732	\$ 492,045

THE YORK CENTRE FOR CHILDREN, YOUTH & FAMILIES

(Other Funded)

Statement of Financial Position

For the Year Ended March 31, 2010

	General Fund	Capital Asset Fund	2010	2009
ASSETS				
<u>Current Assets</u>				
Cash in Bank & Term				
Deposits	\$ 433,814	\$ 182,452	\$ 616,266	\$ 644,875
Accounts Receivable	1,853	-	1,853	-
Due from Funded Centre	19,011	3,134	22,145	74,322
Pledge Receivable – Magna for Community	-	100,000	100,000	100,000
GST Receivable	<u>35</u>	<u>23,441</u>	<u>23,476</u>	<u>27,251</u>
	<u>454,713</u>	<u>309,027</u>	<u>763,740</u>	<u>846,448</u>
Capital Assets, net (Notes 1 & 6)	\$ _____	\$5,031,100	\$5,031,100	\$4,417,252
	<u>\$ 454,713</u>	<u>\$5,340,127</u>	<u>\$5,794,840</u>	<u>\$5,263,700</u>
LIABILITIES				
<u>Current Liabilities</u>				
Accounts Payable	\$ -	\$ 106,148	\$ 106,148	\$ 129,836
Construction Holdbacks	-	-	-	416,408
Due to Funded Centre	32,906	-	32,906	7,858
Current Portion of Mortgage Payable	-	40,000	40,000	-
	<u>32,906</u>	<u>146,148</u>	<u>179,054</u>	<u>554,102</u>
Long Term Debt Mortgage Payable - RBC (Note 7)	-	1,849,979	1,849,979	1,136,709
<u>Fund Balances</u>				
Invested in Capital Assets	\$ -	\$3,086,357	\$3,086,357	\$2,864,135
Internally Restricted	55,075	257,643	312,718	216,709
Unrestricted	<u>366,732</u>	<u>-</u>	<u>366,732</u>	<u>492,045</u>
	<u>421,807</u>	<u>3,344,000</u>	<u>3,765,807</u>	<u>3,572,889</u>
	<u>\$ 454,713</u>	<u>\$5,340,127</u>	<u>\$5,794,840</u>	<u>\$5,263,700</u>

THE YORK CENTRE FOR CHILDREN, YOUTH & FAMILIES

Notes to Financial Statements

For the Year Ended March 31, 2010

1. Accounting Policy

Fund Accounting – The York Centre for Children, Youth & Families follows the restricted fund method of accounting for contributions.

- The General Fund accounts for the organization's program delivery and administration activities. This fund reports unrestricted resources and restricted operating grants.
- The Capital Asset Fund reports the assets, liabilities, revenue and expenses related to the organization's capital assets and building expansion campaign.

Capital Assets - Purchased capital assets are recorded at cost.

Amortization – is provided as follows:

Furnishings: 5 year straight-line

Buildings: 25 year straight-line.

Investments – Recorded at the lower of amortized cost and market value.

Revenue Recognition – Restricted contributions are recognized as revenues of the Capital Asset Fund in the year in which related expenses are incurred.

- Unrestricted contributions are recognized as revenue of the General Fund in the year received or receivable.

2. The York Centre for Children, Youth & Families has a service contract with the Ministry of Children and Youth Services, Ontario.

One requirement of the contract is the production by management of an Transfer Payment Annual Reconciliation (TPAR) which shows a summary of service of all revenues and expenditures and any resulting surplus or deficit that is related to the contract.

A review of these reports shows the following contracts to have the following results as at March 31, 2010:

- a) Child & Family Intervention - Children's & Youth Program \$ 36

These results are reflected in the Funded Balance Sheets of the program.

THE YORK CENTRE FOR CHILDREN, YOUTH & FAMILIES

Notes to Financial Statements (cont'd)

For the Year Ended March 31, 2010

3. The York Centre for Children, Youth & Families has entered into an agreement for provision of part of the educational component of the Children's and Youth Programs located at 11225 Leslie Street, Richmond Hill. The Regulations of the Ministry of Education permit the York Catholic District School Board and the York Region District School Board to assume responsibility for the formal educational aspects of this service. The teachers provided by the Boards will teach the academic subjects as planned for individual students.
4. The York Centre for Children, Youth & Families has drawn "Letters of Credit as follows: \$20,000, due 2010/10/02, Regional Municipality of York
\$10,000, due 2010/10/02, Regional Municipality of York
\$37,494, due 2010/10/02, Corporation of the Town of Richmond Hill.
5. A Statement of Cash Flows has not been prepared, as it would not provide any additional pertinent information.

6. Capital Assets

	Cost		Accumulated Amortization		Net Book Value	
	2010	2009	2010	2009	2010	2009
Furnishings	\$ 49,211	\$ 47,841	\$ 9,842	\$ -	\$ 39,369	\$ 47,841
Building	\$5,042,153	\$4,369,411	\$ 50,422	\$ -	\$4,991,731	\$4,369,411
Land	\$ 314,970	\$ 314,970	\$ -	\$ -	\$ 314,970	\$314,970

N.B. – Purchased capital assets are recorded at cost. See Note 1.

7. Long Term Debt

A mortgage has been provided by the Royal Bank of Canada in the amount of \$1,889,979. This mortgage bears interest at 5% per annum and is repayable in the amount of \$11,050.50 per month. The mortgage is due December 17, 2014.

8. Long Term Commitments

Principal and interest payments are due as follows:

2011	\$ 132,606
2012	132,606
2013	132,606
2014	132,606
2015	1,781,097.

EXECUTIVE DIRECTOR'S REPORT

June 2010

Our Annual Meeting is a time to look back on the accomplishments of the past year and look forward to the challenges in the coming year.

This year as we settled into our new home, learned our way around the building, discovered new spaces to fill with our recently moved “stuff”, and opened our building to the community in October with our Official Opening, we also prepared for CMHO accreditation.

This year, after a delay of a few years, we jumped into the process of preparing for our accreditation site review by insuring that all of our policies and procedures had been reviewed, updated and were reflective of our practices, by reviewing all of the 288 standards to see how The York Centre was meeting them. This was Dean Rokos, our Clinical Director's first accreditation and he certainly rose to the challenge with hard work and persistence that was noticed by all. He worked diligently with many of the staff to review files, develop checklists and templates that clearly demonstrated how the work at The York Centre met the standards.

Although the process was very labour intensive, accreditation provided the opportunity to stop and reflect on what we do well and where we need to concentrate our future efforts. Our accreditation score of 97.82 reflects the high standards we maintain at The York Centre - standards that demonstrate:

- our commitment to children's mental health
- our commitment to our clients and their families
- our commitment to working with our clients and each other with respect and recognition of their strengths and individual needs and challenges
- and our commitment to accountability for the work we do.

In their final report the site review team made a point to mention how they were impressed with the care and compassion shown by all staff to the clients, keeping their well-being central to their work. They saw the climate and mood of the Centre as very positive, being evident in the treatment sessions, classrooms and in the long tenure of many staff. They talked about how the Board and Management Team have shown considerable skill and thought in providing good staff with a good environment in which to serve their clients. The challenges they noted were the continuation of our programs during the enormous building and renovation project and the provision of programming for York Region's diverse population, which they noted was being met very well. Their recommendations for future work are areas where we have already focused our efforts. These include helping clients to manage their transition back to their communities and our collaboration work with our community partners to stretch our scarce resources. They concluded by stating that the high scores achieved by the Centre on the standards are fully justified by the

excellence in staffing and programming achieved. Congratulations to our Staff and Board who all contributed to achieve this.

We have grown and developed in many ways since our last accreditation, not only with our new building. We have integrated the use of outcome evaluation in many areas of our work, through use of ministry required tools such as CAFAS and BCFPI, and with the support of the Centre of Excellence. We continue to develop Logic Models and evaluation tools that measure the effectiveness of our services and reach out to our clients and parents to get feedback on their experience with us. Our increased use of evidence based programming such as Triple P, Friends and Cognitive Behaviour Therapy demonstrates our commitment to provide programming that produces results.

We have also increased our advocacy efforts and our public awareness efforts to reduce the stigma of mental illness that keeps our clients in the shadows. All of this would not be possible without the combined efforts of our Board members involved with our Community Relations Committee and our parents. Our Board Chair, Noreen Lee, has been a persistent, passionate and strong voice for children with mental health challenges. Our Parent Advocacy and Support Group has been growing in numbers and in strength, supporting the work of Parents for Children's Mental Health to advocate not only for their children but for all children who struggle with mental health issues.

We have continued our commitment to work with our community partners through mechanisms such as COMPASS, Triple P, Zero to 6 services and our United Way funded Community Outreach Program, to improve and increase services to children and families in the midst of limited resources and funding. Over the past year, with a generous donation from Ontario Trillium Foundation we have been expanding our partnerships to increase our capacity to serve the diverse communities of York Region. Also, with a generous donation from RBC Foundation we were able to increase our services in our Zero to 6 Program to support preschool children, their families and their child care providers.

Annual meetings are the time to recognize the achievements of everyone who makes all of this possible - from our skilled and enthusiastic staff and management group to our dedicated Board members who provide a range of talents to increase our capacity to do so much with limited funding, to our over 55 volunteers who, with their skills and abilities, bring a richness to the work we do.

I also want to thank our community partners who expand our thinking to create new solutions to old problems. One example is the work of COMPASS which has encouraged shifts in the school boards and our agencies to work in more creative, responsive and effective ways to meet the needs of children who struggle in the mainstream school systems. All of this would not be possible without the support of our funders. Thanks to the CER Ministry of Children and Youth Services, especially to Danette Blue, who supports us in what we do and keeps us in mind whenever new opportunities are available. We look forward to working with Brenda LaMoine as the new Community Program Manager of CER. Brenda brings with her many years of experience in children's

mental health and a complete understanding of the challenges in York Region having worked in this area for many years. Our long term relationship with United Way was confirmed again this year, with our community review for our York Region United Way Community Fund, where we received overall scores of exceeding expectations. We have been very fortunate to be able to add to our ongoing financial resources with further funding supports such as Ontario Trillium, RBC Foundation and companies such as Unilever, Home Depot, Allstate Insurance and many others who allow us to do the little extras for our clients.

Finally, I need to acknowledge our clients and their families who give us the inspiration to work to make the community a better place for children and youth with mental health challenges.

Respectfully submitted,

Mary Beth McLeod
Executive Director

MULTICULTURAL VOLUNTEERS ENRICH OUR AGENCY

June 2010

The volunteer program at The York Centre presently boasts fifty-five men and women who generously share their time and experience working with us in order to enrich our programs. Our youngest volunteers are a nine year old grade four student and a fifteen year old high-school student; our eldest volunteer is a seventy-four year old retired teacher.

The rich diversity of our volunteers is not only welcomed for the skills and experience they bring to our agency but for their value as ambassadors of their cultures. We learn to appreciate their courage as they embrace our culture and our language. We appreciate their enthusiasm as they accept both the similarities and the differences in our approach to treating children, youth, and families who struggle with emotional and behavioural challenges. We respect where they have come from and admire their ability to look forward, with such hope, for what lies ahead.

We are grateful to have on our volunteer team, volunteers from eleven countries who speak a total of seventeen languages. Their multilingualism has proven invaluable in the translation of some of our printed materials and in assisting with workshops presented in languages other than English. In the classroom their presence encourages tolerance, understanding, and non-judgment. These qualities alone foster strengths in our children and youth that we hope will serve them well in the community and in their future.

The York Centre will continue to welcome volunteers from all age groups, backgrounds, and skill sets as we attempt to assist our children and youth to overcome their difficulties and prepare them to return to school.

Respectfully submitted,

Carol Baker
Coordinator of Volunteer Services

NOMINATING & GOVERNANCE COMMITTEE REPORT

June 2010

The Board of Directors for 2010 – 2011 is as follows:

One year term of office:

Nancy Dodsworth
Noreen Lee
Richard Leighton

Two year term of office:

Dino De Dominicis
Elzbieta Klimczyk
Paul Thomas
Glen Waugh

Standing for election or re-election of a three year term:

Merrily Beauchemin
Graham Jones
Andrea Lombardi
Naim Malik

Respectfully submitted,

Richard Leighton, Chair
Nominating & Governance Committee

CHAIRPERSON'S REMARKS

June 2010

The successes and accomplishments of The York Centre throughout the past year, the excellent Accreditation scores, Minister Broten's very positive comments about The York Centre, recorded in the Queen's Park Hansard (May 3, 2010), the success of the Official Opening, etc, have been truly noteworthy. On behalf of the Board of Directors, I would like to express our gratitude to all who have contributed to making this a most successful year.

Mary Beth, you continue to amaze us; in addition to your strength in executive/management skills, you possess the resilience which enables you to maintain composure, deal with issues and move forward from crisis to crisis. Your leadership and passion for the work of The York Centre motivates all of us to put forth the extra effort that leads to excellence. Thank you for all that you do to ensure that The York Centre fulfills its Mission to meet the mental health needs of children, youth and families of York Region.

The Board is also very grateful to Dean Rokos for the excellent organizational skills, the diligence and tenacity, as well as the numerous hours of personal time which he devoted to preparing the Agency for Accreditation. Thank you Dean for your outstanding work, your performance rates a perfect score!

The Board also extends its sincere thanks to the Management Team and the entire York Centre staff for the additional responsibilities which you assumed in the Accreditation process. The superb quality of the programs and services which you provide each and every day and the care and commitment which characterizes your work with the children, youth and families, is greatly appreciated. You are truly an exemplary staff, your dedication and professional work have brought distinction to The York Centre, through the well-being and accomplishments of York Centre "graduates" and Minister Broten's comments in the Legislature.

"I was at The York Centre where children & youth who could not function in a mainstream classroom were learning. I saw those kids stand up and give speeches and talk about how important and impactful the service and the help that they were getting was to build confidence & turn their lives around".

Francesca's very moving "Tribute to The York Centre Staff" video presentation is a great example of the effectiveness of day treatment and the strengths and capabilities which young people can show when they have been helped to cope with their mental health challenges. Francesca, by creating this video, you have dispelled some of the misunderstanding associated with mental health issues. By confirming that treatment is effective, you have given hope to others who are struggling with unmet needs. Matthew is a "graduate" of The York

Centre who also deserves a great deal of credit for his very articulate presentations at Queen's Park and to an audience of over 800 people at The York Centre's Christmas Concert. Matthew received the York Region Youth Citizen of Character Award for advocating for more services so that all children who are challenged by mental health issues can receive the treatment/support which they need and deserve. The York Centre is very proud of our Junior Ambassadors; thank you Francesca and Matthew. We are confident that young people and parent advocates will have a very powerful impact on increasing public awareness of children's mental health issues, on increasing the public demand of adequate services and dispelling stigma.

Advocacy continues to be an enormous challenge in the children's mental health sector. The collective support of the broad community, including Health, Education, Social Services, Corporations, the media and all stakeholders is required to ensure that the mental health of children and youth becomes the highest priority in Ontario's 10 year Strategy for Mental Health & Addiction. We urge you to join a team of volunteers to champion this worthy cause.

At this time, I would like to thank The York Centre's Volunteer Coordinator, Carol Baker, and the team of competent volunteers who enhance the work of the Centre by contributing their time and skills. I would like to take this opportunity to commend another group of volunteers, my fellow Board Members, for another year of exemplary service and dedication. It is very reassuring to serve on a Board which is characterized by integrity, good judgment, commitment and a diversity of important skills and to feel confident that the Board's responsibilities for governance and accountability are consistently met. The Board Committee Reports which are included in the Annual Report, summarize the extensive work completed by the committees during the past year.

Looking ahead, we welcome new opportunities and challenges, the most immediate being the development of a renewed Strategic Plan in the fall of 2010.

The Strategic Plan, which we approved in 2004, was an excellent plan, the identified priorities were on target and we remained focused on allocating our resources, (both human and financial), on achieving the stated goals and objectives. The Agency and other stakeholders now have the opportunity and responsibility to survey the current and projected mental health needs of children, youth and families in York Region over the next 3 to 5 years. Our Vision and Mission Statements will be reviewed and a S.W.O.T. analysis of the Agency will be completed. All of this information and our collective knowledge and wisdom will be used to develop The York Centre's renewed Strategic Plan. Dealing with unknowns is a constant challenge in this process; however, we do know that we will be planning within the context of some major threats. These threats include the magnitude of the provincial deficit and the wage freeze legislation. These threats are a significant concern; however, the Agency is quite adept at risk management, especially "doing more with less" and managing deficits.

Nevertheless, years of financial restraints and recent reductions in donations to The York Centre indicate the need for an increase in fundraising initiatives and stronger support for the Christmas Concert and Rotary Auction to ensure their ongoing success. We need both creative suggestions and volunteers to help with fundraising so that we can continue to enhance our excellent treatment and support services.

Significant changes are expected in the children and youth mental health sector in the coming years. These will present challenges, as growth and change always do, however, they also give hope for a comprehensive children's mental health system which will provide services for all children and youth.

Initial steps in the Ministry's implementation of the Policy Framework for Children and Youth Mental Health, "...foreshadow a push for much more coordination among local service providers and probably some consolidation". More standardized protocols and partnerships with the Education system and more collaborative approaches with physicians and hospitals are anticipated. A major thrust for increased evidenced-based practices appears imminent. Numerous changes will undoubtedly be forthcoming in the 10 Year Strategy for Mental Health and Addictions...hopefully The York Centre's recommendation that "the mental health of children be the highest priority" has been included in the Strategy.

The York Centre is well positioned for the future; we have already moved forward on several of these initiatives. We are confident that our strengths will serve us well as we face the challenge of an evolving Children's Mental Health System. Our Vision and Belief that all children and youth have the right to the treatment/support which they need to attain optimal mental health and reach their full potential will guide us as we embrace change.

Respectfully submitted,

Noreen Lee, Chair
Board of Directors

COMMUNITY RELATIONS COMMITTEE

June 2010

The mandate of the Community Relations Committee has been to: increase public awareness of the programs / services provided by The York Centre; increase community understanding of children's mental health issues and strive to dispel the associated stigma; and also seek community support in advocating for children's mental health services.

Within the past year the Community Relations Committee has been guided by an established work plan in order to:

- Support and promote the Official Opening of The York Centre in October 2009;
- Arrange for the creation of The York Centre's Donor Wall displayed in the front foyer;
- Arrange for the translation of The York Centre's brochure into two dialects of Cantonese;
- Develop and maintain a media binder;
- Support the events of Children's Mental Health Week in May 2010 including: promoting Coffee & Conversations held at The Centre and working with local libraries to display various resources on children's mental health;
- Oversee the development and production of The York Centre's Spring 2010 newsletter;
- Oversee The York Centre's website.

Respectfully submitted,

The Community Relations Committee

HUMAN RESOURCES COMMITTEE

June 2010

The Human Resources Committee held periodic meetings to review the different areas that affected the employees of The York Centre for Children, Youth and Families. Meeting outcomes (high level) were reported back to the Board of Directors.

The main activities of the past year were as follows:

1. provided guidance on policy/ legislation relating to attraction, retention and separation of staff.
2. completed a comprehensive analysis of York Centre salaries.
3. a one-time recognition payment was awarded to staff.
4. reviewed HR Policies and updated as required.

Respectfully submitted,

Nancy Dodsworth, Chair
Human Resources Committee

The York Centre for Children, Youth & Families

PLANNING COMMITTEE REPORT

June 2010

The mandate of the Planning Committee is *"To provide guidance to all Centre planning activities that give direction to the work of The York Centre"*. Given the broad scope of this mandate, The Planning Committee frequently held joint meetings with other Board Committees and the proceedings are recorded in in their reports.

During the past year, the Planning Committee addressed the following agenda items and presented recommendations and/or summaries of their discussions to the Board of Directors:

- Review of Planning Committee mandate and Board policies which are associated with the Planning mandate
- Review of Quality Assurance Process and Risk Management strategies
- Review of achievement of Strategic Plan Goals and Objectives. Recommended development of a new Strategic Plan to begin in October, 2010
- Preparation for Accreditation
- Review of Program Evaluations and Client/Parent Feedback Surveys
- Discussion of Program Outcomes and Evidence-based Practices
- Review of progress re Service Plan Goals 2009 – 2010
- Review of proposed Service Plan Goals 2010 – 2011
- Ongoing planning of and involvement in advocacy activities
- Budget Issues – discussion
- Review of the United Way Community Application and Recommend that the Board complete the Core Competency Inventory
- Discussion of the Accreditation Site Review Report – identified what we need to work on

Respectfully submitted,

Graham Jones
Planning Committee

Noreen Lee, Chair
Planning Committee

MaryBeth McLeod
Planning Committee

PROPERTY REPORT

June 2010

This was another exciting year with all of the York Centre programs moving to the Leslie Street property by August 2009. In late October 2009 the project received the “substantially complete” designation which allowed the York Centre to obtain a mortgage while interest rates were low.

The project which was initiated by a feasibility study in late 2000 & early 2001 is almost complete. There are still a few deficiencies to be cleaned up which should be completed by the end of June

The next project will be the grading of the south east corner of the property & the south drainage ditch. This will eliminate pooling of water after rains & increase drainage during wet weather. The small hill in the south east corner will be used as fill during the grading process. The project will increase the use of the property. The work will be done in early August & should be completed by mid August

Respectfully submitted,

Graham Jones, Chair
Property Committee

RESOURCE DEVELOPMENT COMMITTEE REPORT

June 2010

The mandate of the Resource Development Committee (RDC) is to identify and explore untapped sources of “support” for the work of the Centre. The committee, made up of chairs of all Board committees, along with the Executive Director and interested staff, meet to identify our marketable strengths, agency needs, partnering opportunities, available grants, sponsorships and potential fundraising projects. As the scope can be broad, sub groups are formed to tackle various aspects of the work.

The Christmas Concert: In 2010 The Special Events sub-committee once again spearheaded another successful, annual Christmas Concert, accomplished by many hands: The Board of Directors, the Staff, the Parent Group, some of our Youth, our Sponsors and of course Michael Burgess, Jackalyn Short, The Toronto Mass Choir, the Upper Canada Children’s Chorus, the accompanists and our hosts, The Unionville Alliance Church and all those who purchased tickets.

The York Centre Grounds: With the completion of the new Centre, and the joining of both the Children and Youth Programs in one location, the outdoor needs of both age groups for physical activity and social development are a new consideration for the Centre. A playground sub-committee was struck and has explored various options for future playground equipment and available grants, while also exploring various “green” projects to complement curriculum goals. Staff has played a very active role in this regard.

Other Projects: The 2009 Rotary TV Auction again brought in needed funds for the Centre thanks to those who donated items for Auction. Our Resource Development Summer Student did much groundwork for the Official Opening, Rotary Auction, Christmas Concert sponsorships etc. The Donor Recognition Committee accomplished a magnificent Donor Board for the Lobby. It must be mentioned that there are many other initiatives beyond the RDC that bring in needed supports for the Centre each year.....through others who care deeply about our kids and the work of the Centre, staff and volunteers, their family members and many others in our communities who care about Children’s Mental Health.

Respectfully submitted by:
Merrily Beauchemin, Chair
Resource Development Committee

Summary of Service Statistics

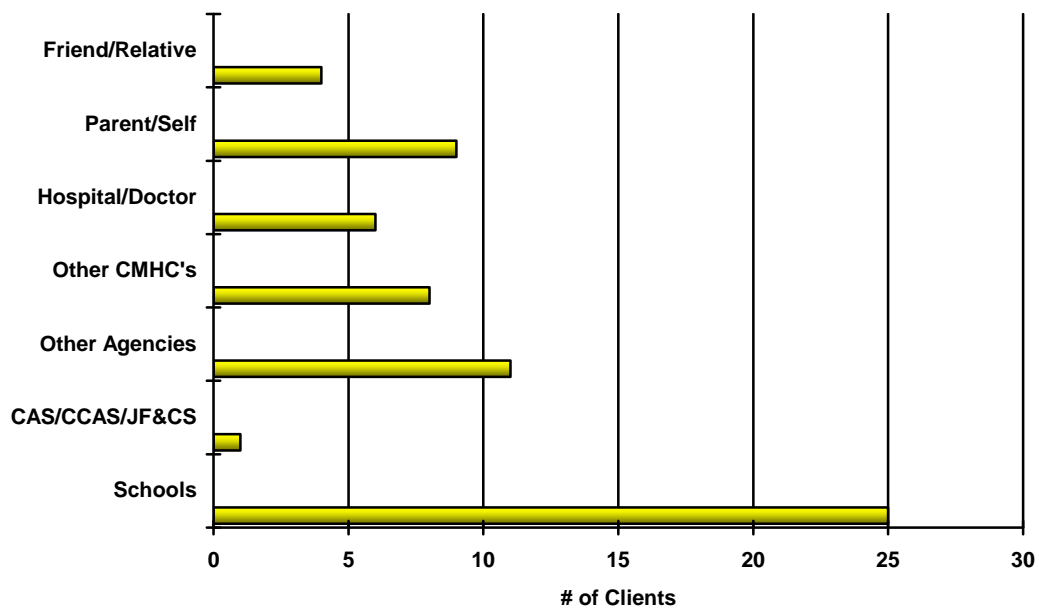
Fiscal Year 2009-2010

Family Demographics at Time of Intake

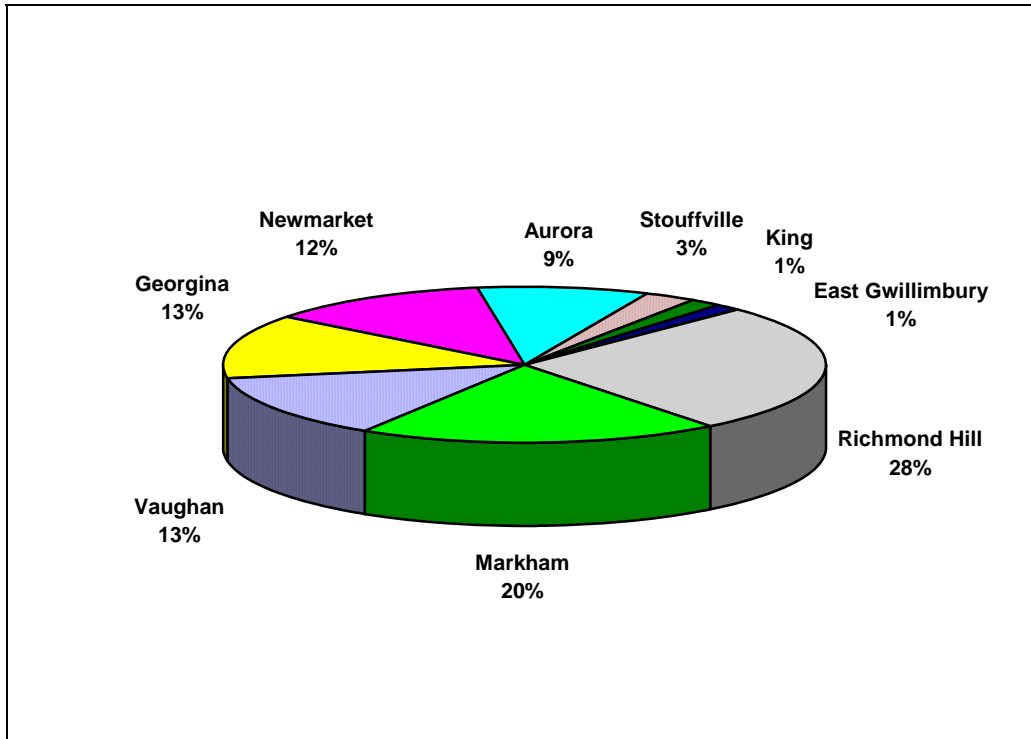
Family Status		
1 Parent Family	23	34%
2 Parent Family	44	66%
Other		
Ward of CAS		
Total	67	

Distribution of Client Sex		
Males	44	66%
Females	23	34%
Total	67	

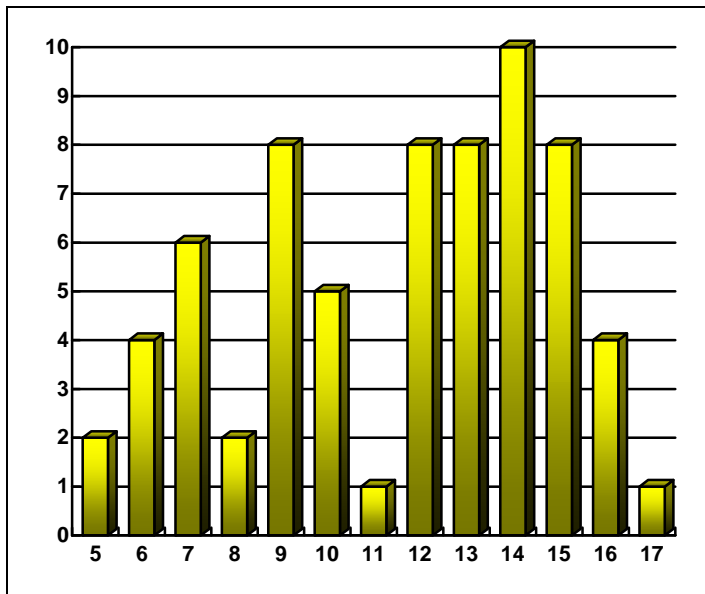
Referral Sources



Area of Residence



Age Distribution



Summary of Service Statistics 2009- 2010 (cont.)

Day Treatment Statistics

Number of Enrolments	44
Number of Demissions	40
Average Length of Stay	12.7 months

Note: Clients enter and graduate from the programme at various times through the year

Numbers of Clients Served in Programmes

Day Treatment	98
Community Groups (Including those funded by the United Way)	4273
Intensive Services	68
Enhanced Services	126
Zero to 6 Programme	210
Total Number of Clients Served in Fiscal Year	4775

CAFAS Report for January 1, 2009 – December 31, 2009

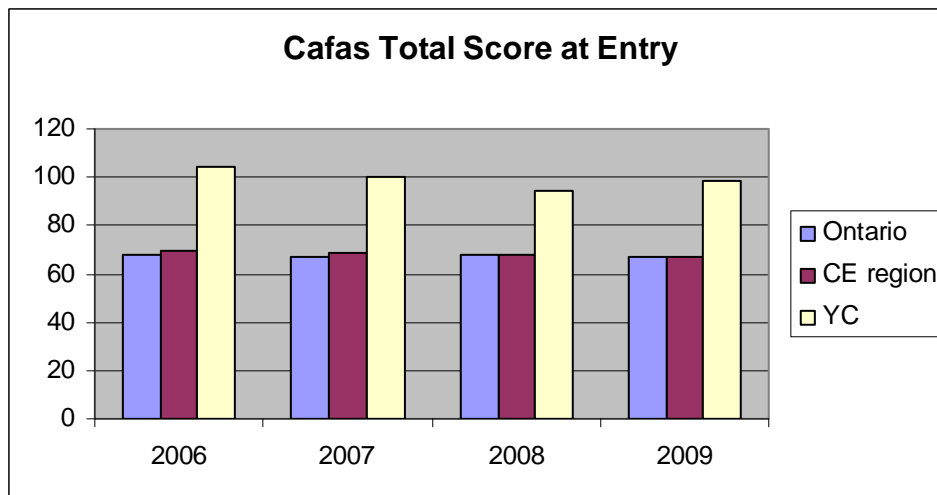
The CAFAS (Hodges 2003) is designed to rate functional impairment in children and youth who may have emotional, behavioral, substance use, psychiatric, or psychological problems. It consists of behavioral descriptions (eg. Suspended from school) arranged into four levels of impairment –severe, moderate, mild and or minimal impairment – across eight domains (subscales) : school or work, home, community, behavior towards others, moods and emotions, self-harmful behavior, substance use and thinking.

The York Centre utilizes the CAFAS to assist with assessment, formulation and planning for treatment and as a measure of treatment outcomes. During assessment, an initial or entry CAFAS (T1) is completed which rates the client's severity of impairment prior to the beginning of treatment. When the client's subscale scores are totaled it provides an indication for the appropriate level of treatment intervention :

- 0-30 referral to qualified health professional
- 40-70 outpatient services
- 80-100 outpatient care with some supportive, intensive services
- 110- 130 intensive services, residential care
- > 140 residential inpatient services

The York Centre uses a total score of 80 -130 as an indicator that our services are an appropriate level of intervention . Fig .1 shows that the total scores upon entry (average for 2009 is 98.2) to treatment continue to validate the clients' need for this level of treatment intervention. Further, these figures show that the Centre continues to serve clients with higher rates of impairment than is the average for the province and the region.

Fig.1



When treatment ends, the client's level of impairment is rated (T14) and the measurement of successful treatment outcomes is made possible through the comparing of the T1 and T14 scores. Clinically significant improvement is indicated by :

- Change in average total CAFAS scores (>20 points) between T1's and T14's
- Reduction in the number of severe ratings on subscale scores upon Exit
- Reduction in the number of clients with severe ratings

Outcomes = Significant Improvement for York Centre Clients

Total CAFAS scores for entry to treatment and exit from treatment presented in Figure 2 demonstrate that there continues to be statistically significant improvement in functioning, with an average drop in total CAFAS score of 47 points.

Fig. 2

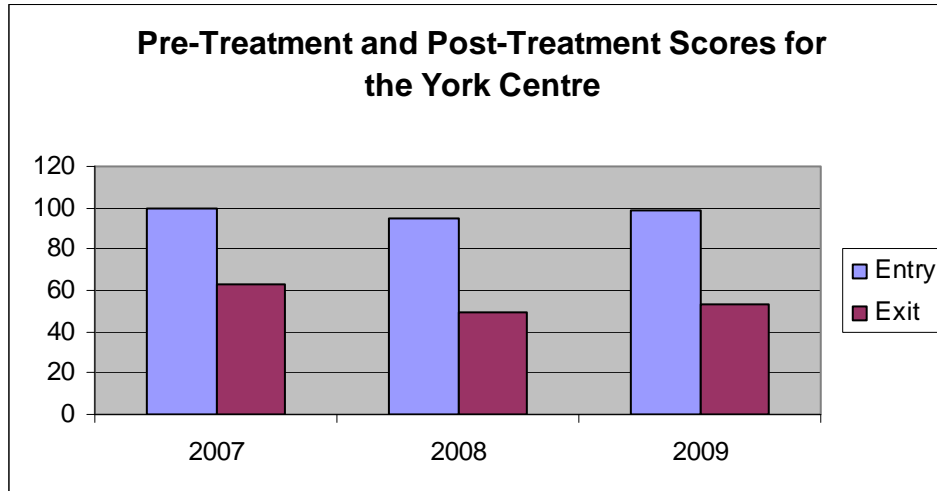


Figure 3 demonstrates that over 80% of the clients of the York Centre complete treatment successfully (difference between T1 and T14 average >20 points) in 2009.

Fig.3

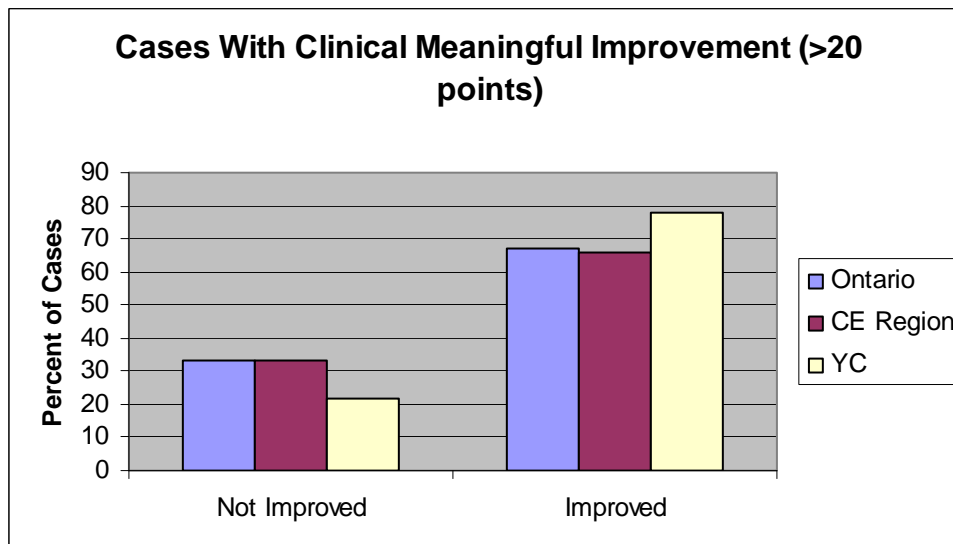


Figure 4 is a summary graph which shows the change in the number of clients with severe ratings reflected in their total CAFAS scores from entry to exit of treatment. This is indicated by the shift in the proportion of clients towards the lower CAFAS ranges in the Exit Scores.

Fig.4

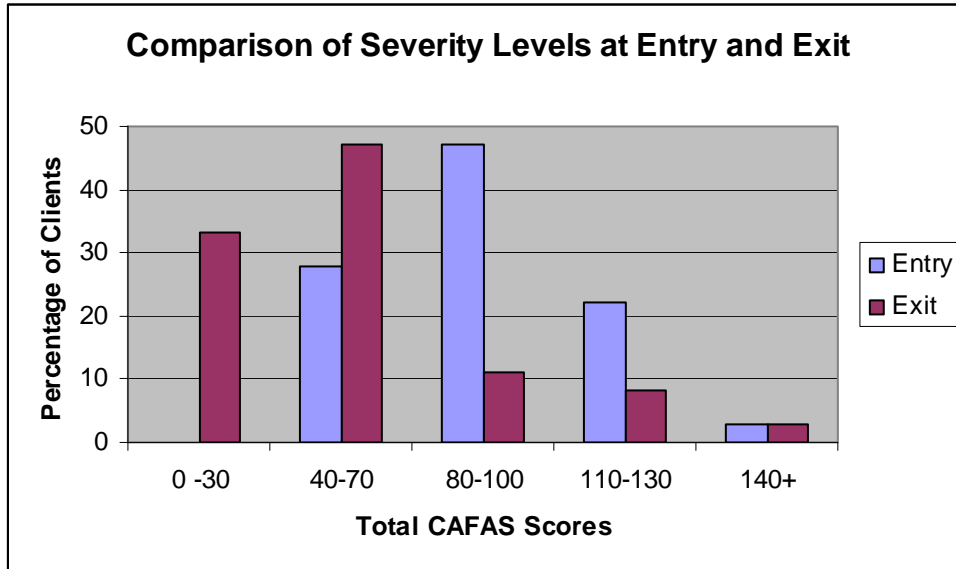


Fig.5 is a summary graph that shows the proportion of clients who improved on any of the indicators listed above.

Fig.5

