



PARENT SUPPORT GROUP

The York Centre will be offering a Parent Support Group to all our parents:

This will be:

- A chance to talk with other York Centre parents
- An opportunity to share information and skills
- Join other parents in learning to cope with the challenges of parenting children/teens with social/emotional and/or behaviour problems.
- Learn more about The York Centre

We will meet once a month, on the second Wednesday of each month. The facilitator, Jim Malcolm, will lead an informal discussion of issues concerning parenting, present ideas for discussion and promote sharing of ideas. As you may be aware from past groups, support between parents is more valued, easier to receive and reciprocated on several levels than suggestions provided by “professionals”.

We have found, over the years, the more that parents are involved in these kinds of groups, the greater the likelihood of their children and teens meeting their goals.

WHEN: Second Wednesday of each month

WHERE: The York Centre for Children, Youth & Families
11225 Leslie Street, Richmond Hill

DATE: October 14, 2009

TIME: 6:30 p.m.

FACILITATOR: Jim Malcolm